
GULF MEDICAL JOURNAL

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Gulf Medical Journal

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The abstract, which should not exceed 250 words, should be divided into Background, Methods, Results and Conclusions.

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Three to 5 key words should be provided.

Introduction

The introduction must clearly state the purpose and the rationale, with the precise objective/s of the study.

Materials and Methods

Materials and Methods should describe the study settings and design, the duration and follow-up of the study, and the selection and description of subjects, with eligibility and exclusion criteria.

Intervention: The essential features of any interventions should be described, including their method and duration of administration. Statistics: Specify the statistical methods and the computer software used, with the exact *p* values as applicable.

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Indicate numeric results not only as derivatives but also as the absolute numbers from which the derivatives were calculated. Supplementary materials and technical details may be placed in an Appendix.

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Include a summary of the key findings, strengths and limitations of the study, implications and controversies raised and the future research directions.

Conclusion

Provide only conclusions that are directly supported by the results of the study, along with any implications for clinical practice. Avoid speculation and overgeneralization of the results. Emphasize equally the important positive and negative findings.

Acknowledgments

Acknowledgments of people, grants, funds, etc. should be placed in a separate section before the reference list.

References

A maximum of 30 references may be included. References should be numbered

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